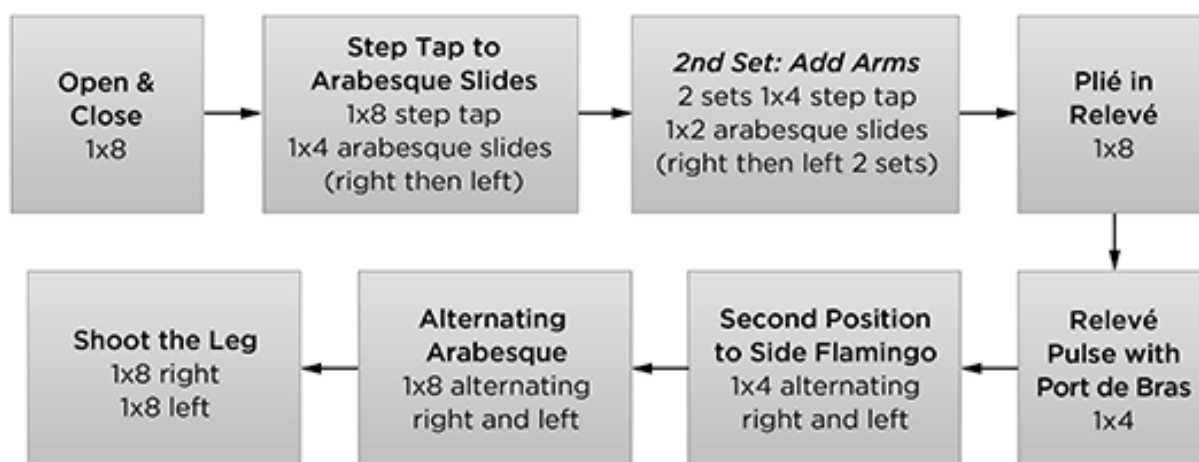


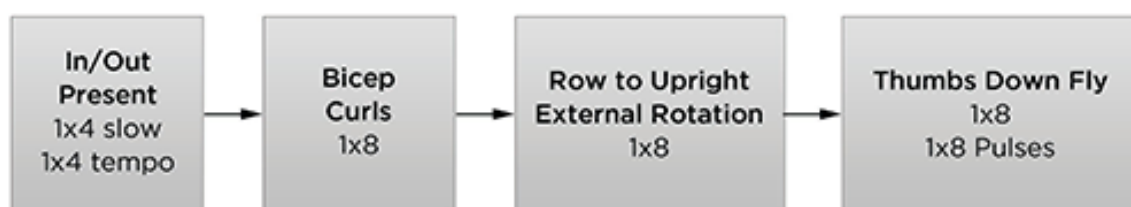
booty barre pro series 13 road map

Pro Series 13 Warm-Up



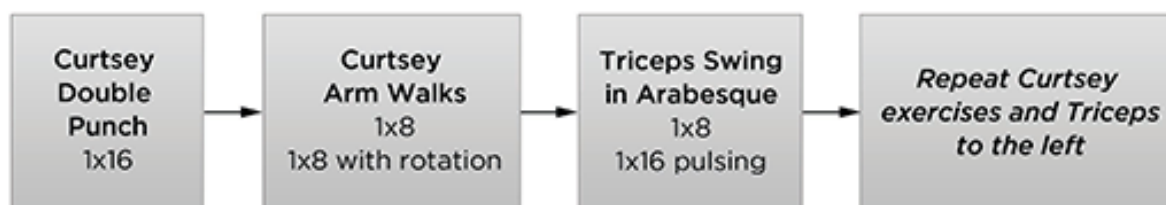
booty barre pro series 13 road map

Pro Series 13 Arm Circuit 1



booty barre pro series 13 road map

Pro Series 13 Arm Circuit 2



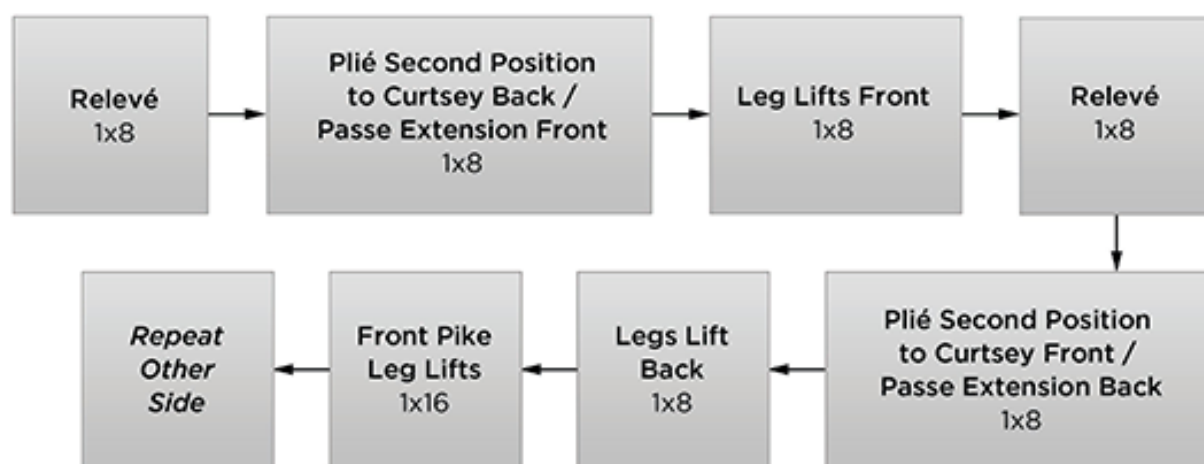
booty barre pro series 13 road map

Pro Series 13 Arm Circuit 3



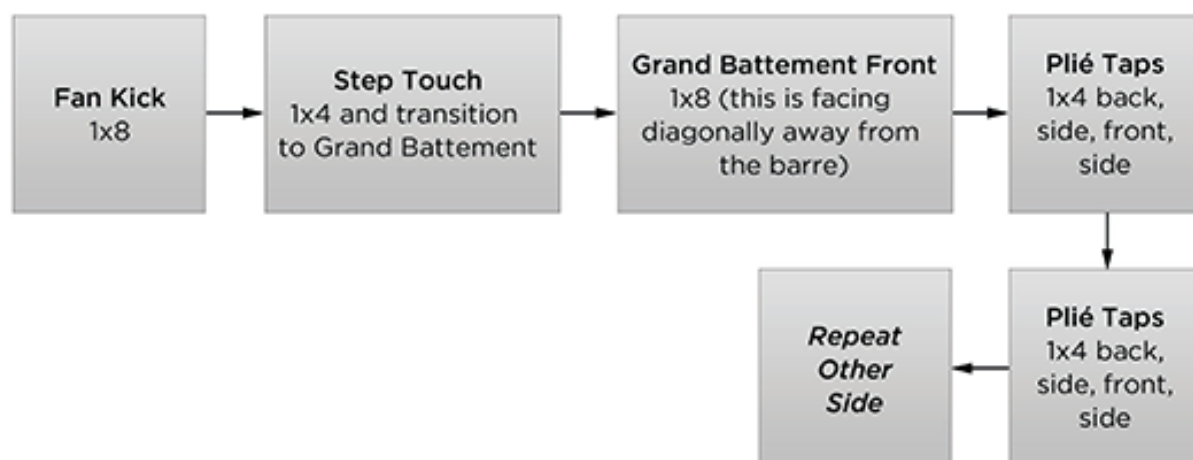
booty barre pro series 13 road map

Pro Series 13 Isometric



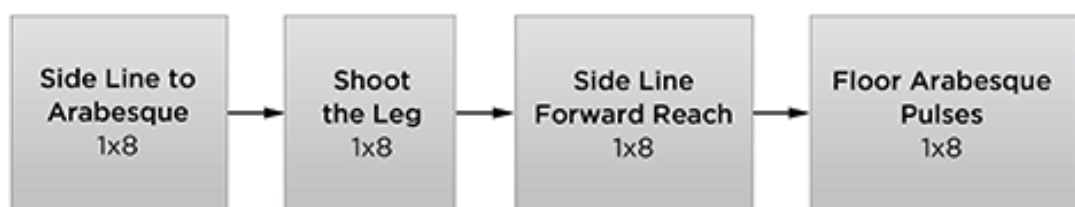
booty barre pro series 13 road map

Pro Series 13 Flexibility



booty barre pro series 13 road map

Pro Series 13 Sideline



booty barre pro series 13 road map

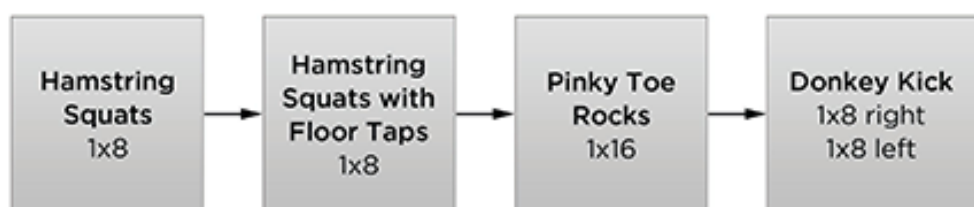
Pro Series 13 Cardio 1

Skating
1x16

BOOTYBARRE PRO SERIES 13

booty barre pro series 13 road map

Pro Series 13 Facing the Barre



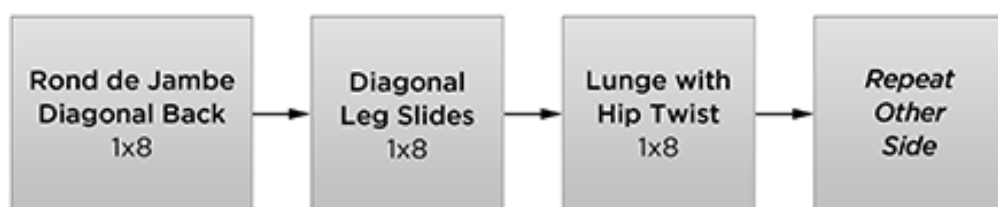
booty barre pro series 13 road map

Pro Series 13 Cardio 2

Twisted Plank / Jumping Jacks
1x4
(8 Twisted Planks/ 4 Jumping Jacks)

booty barre pro series 13 road map

Pro Series 13 Pure Booty



booty barre pro series 13 road map

Pro Series 8 Abs, Back Extension and Flexibility

